Community Health Network

Men's Health Screenings at Every Age

Every man is unique—and so is your health history. Talk to your primary care doctor about the specific screenings that are right for you. Need to make an appointment? Call **317.621.2727**.

Questions for my caregiver

Men's Checkups: All Ages

- ❑ Blood pressure, cholesterol, and BMI screenings
- ❑ Vision, dental, and hearing exams
- ❑ Regular STD testing
- ❑ Alcohol and drug screenings
- ❑ Mental health screenings
- ❑ Regular physical
- ❑ Lipid disorder screening
- ❑ Skin cancer screening
- ❑ Establish care to discuss personal and family medical history
- ❑ Discuss quitting smoking and other high-risk behaviors
- ❑ Testicular self-exam
- ❑ Discuss recommended vaccines with provider
- ❑ Diabetes screening (starting at age 35 depending on medical history)

Men's Checkups: Age 40-49

- ❑ Annual wellness exams
- ❑ Colorectal cancer screening (starting at age 45)

Men's Checkups: Age 50-59

- ❑ Annual wellness exams
- ❑ Lung cancer screening
- ❑ Discuss prostate cancer screening

Men's Checkups: Age 60+

- ❑ Annual wellness exams
- ❑ Alzheimer's and dementia screening
- ❑ Routine cancer screenings
- ❑ Abdominal aortic aneurysm screening
- ❑ Fall risk screening
- ❑ Discuss prostate cancer screening

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。

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