

Childbirth Education and Parenting Classes

Now Registering!

Whether you're a first-time parent or an experienced family, our childbirth education classes can help you prepare for your newborn.

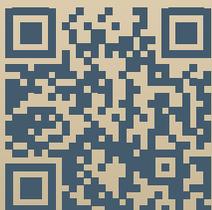
Register now for our comprehensive classes that cover a wide variety of topics such as labor and birth, pain management, postpartum care, newborn care, breastfeeding, adult and infant CPR, and much more!

In-person classes:

- Birth & Baby series (select dates and locations)
- Birth & Baby Express
- Friends & Family CPR
- Preparing for Postpartum
- Siblings

Virtual classes:

- Birth & Baby series
- Breastfeeding Basics
- Breastfeeding Part 2: Pumping and More
- Natural Labor Discussion



Scan the QR code to learn more about our childbirth education classes and register online or visit eCommunity.com/OBclass

