## MyChart Flowsheets Patient Workflow – How To Connect to Google Fit or Apple Health to Complete Provider Order

Patients are able to complete flowsheets through MyChart after their provider has placed an order for them to do so. All flowsheets can be accessed from the message button or from Track My Health button.

Keep in mind that this information will sync AUTOMATICALLY (if turned on).



Android





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1. Log in to your MyChart account. 2. If you have a flowsheet to complete it will 3. Open the **message** pertaining to the New be in your messages. Tap < Messages >. Flowsheet. Tap on the link to see your list of flowsheets. (for our example we will be doing an exercise flowsheet). MyChart Epic CARE TEAM < Inbox **Physician Family Medicine, MD** New flowsheet available ACTIVITIES 3/31/20, 10:50 . . Visible To: Test Results Appointments A new flowsheet has been made available to you. • Click here to see your list of flowsheets. Medications To Do Health Billing Letters Questionnaire 圎 Ø  $\langle a \rangle$  $\sim$ Track Share My Sympton Checker My Health Record 5. Tap < Connect to "Health" > to connect this 4. Connect to Apple Health by tapping on the green bar < Connect to Health >. device to your MyChart. 07:54 al 🕆 🗖 K Back Track My Health Day Week Month Year Health Connections March 25 - March 31 Type of Activity Tap to add readings Exercise Duration This Tap to add readings Device Connect to "Health" Exercise intensity Tap to add readings MyChart will ask permiss access your INOT store data "Health" app data. MyCh from our database onto your vice. MyChart Distance Running/Walking CONNECT TO HEALTH 1 MyChart Steps Per Day

7. MyChart will start to receive data from your 6. You are able to turn on all categories by clicking the < Turn All Categories On > device. Tap < Close > in the top left hand hyperlink or choose individual categories to corner of your screen to return to the Track turn on. Once on, you have the option to My Health section. turn them off whenever you need to. al 🤋 🗖 07:57 07:57 Health Connections ...l 🕆 🔳 ...l 🕆 🔳 Don't Allow Health Access Don't Allow **Health Access** Allow This Device Health Health DATA BEING RECEIVED FROM "HEALTH" "MyChart" would like to access and update your "MyChart" would like to access and update your Pulse -1data in the categories b data in the ca Syncing. **Turn All Categories On** Turn All Categories Off Steps Allow or disallow "MyChart" to access all health data types listed here. :1 Allow or disallow "MyChart" to access all health data types listed here. Latest reading: 3/31/20, 07:30 Walking + Running Distance x ALLOW "MYCHART" TO READ DATA: ALLOW "MYCHART" TO READ DATA: Latest reading: 3/31/20, 07:30 If the latest reading looks incorrect, check "Health" to make sure that you're allowing MyChart to request that data. Heart Rate Heart Rate Δ Steps ^ Steps **Stop Receiving Data** Walking + Running Distance Walking + Running Distance ٨ Δ App Explanation: Data in the "Health" app updates your medical record for you and your healthcare providers. If you have a health issue that concerns you, call your healthcare provider. App Explanation: Data in the "Health" app updates your medical record for you and your healthcare providers. If you have a health issue that concerns you, call your healthcare provider. 8. Scroll down to see the data gathered from 9. You can add Activities manually by tapping the white section that says < Tap to your Apple Health device. add readings > or the green bar at the bottom that says < Add Readings >. Track My Health Track My Health < Back Day Week Month Year Day Week Month Year March 25 - March 31 K Back Track My Healt Type of Activity Day Week Month Year March 25 - March 31 Tap to add readings Markho Mar 25 Mar 28 Mar 31 Type of Activity Exercise Duration MyChart Steps Per Day 14 Tap to add readings 6.6K Tap to add readings Exercise Duration Mar 25 Mar 28 Mar 31 Tap to add readings Exercise intensity Pulse Tap to add readings Exercise intensity No data in range MyChart Distance 0.01 Tap to add readings Running/Walking MyChart Distance 0.01 Running/Walking MyChart Steps Per Dav 14 MyChart Steps Per Dav 14